

October 28 Sunday	October 29 Monday	October 30 Tuesday	October 31 Wednesday	November 1 Thursday	November 2 Friday	November 3 Saturday
<p><i>Good Morning</i></p>  <p>10:00 AM Coffee and Conversation In the Dining Room</p> <p>Noon Lunch in the Dining Room</p> <p>2:00PM Coffee and Snacks in the Dining Room</p> <p>3:00PM Loonie Movie: Oceans Eight in the Theatre</p>	<p>9:30AM Chair Exercises in the Activity Room</p> <p>10:00 AM Coffee and Conversation DR</p> <p>11:00AM Newsletter Meeting in the Activity Room</p> <p>Noon Lunch in the DR</p> <p>1:00PM Bingo in the Activity Room</p> <p>2:00PM Coffee and Snacks in the DR</p> <p>3:00PM Tai Chi with Tom in the Grand Foyer</p> <p>4:00PM Happy Hour on 4th Join us on the 4th floor for cocktail hour. BYOB</p> <p>6:30PM Bridge in the Library (Nell)</p>	<p>9:30AM Stretch it Out in the Activity Room</p> <p>10:00AM Coffee and Conversation in the DR</p> <p>10:30AM Van goes to Save On Foods</p> <p>Noon Lunch in the DR</p> <p>1:00PM John and Doug perform for Birthday Celebrations and 1 Year Anniversary the Grand Foyer</p> <p>2:00PM Coffee and Cake in the Dining Room</p> <p>6:30PM Whist in the Library (Paul)</p>	<p>Happy Halloween</p>  <p>9:30AM Chair Exercises in the AR</p> <p>10:00AM Coffee and Conversation in the DR</p> <p>Noon Lunch in the DR</p> <p>12:45 Kindergarten Students from Nusdeh Yoh arrive for Trick or Treating (1st floor Treat stations only)</p> <p>2:00PM Coffee and Cake in the DR</p> <p>2:30PM Flu Shots in the Library</p> <p>6:30PM Crib or</p>	<p>9:30AM Stretch it Out in the Activity Room</p> <p>10:00AM Coffee and Conversation in the DR</p> <p>12:00 Noon Lunch in the DR</p> <p>1:00PM Optimum Home Care Seminar</p> <p>Come and find out what they have to offer. In the Activity Room</p> <p>2:00PM Coffee and Snacks in the DR</p> <p>6:30PM Nickels in the Library</p>	<p>9:30AM Chair Exercises in the Activity Room</p> <p>10:00AM Coffee and Conversation in the DR</p> <p>12:00PM Lunch in the Dining Room</p> <p>1:00PM "Just for Fun" plays in the Grand Foyer</p> <p>2:00PM Coffee and Snacks in the Dining Room</p> <p>4:00PM Happy Hour on 4th</p> 	<p>10:00 AM Coffee and Conversation DR</p> <p>Noon Lunch in the DR</p> <p>2:00PM Coffee and Snacks in the DR</p> <p>7:00PM Non-denominational Church Service in the Grand Foyer</p>

