

WEEK 3

# Riverbend Winter Menu 2021

	MONDAY January 3	TUESDAY January 4	WEDNESDAY January 5	THURSDAY January 6	FRIDAY January 7	Saturday January 8	SUNDAY January 9
<b>B R E A K FAST</b>	Cheese Omelette, Toast, and Hashbrowns	Hot or Cold Cereal, Raisin Toast, Yogurt, and Fruit Cocktail	French Toast, Bacon, and Syrup	Hot or Cold Cereal, Muffin, Fruit, and Yogurt	Fried Eggs, Sausage Toast, and Hashbrowns	Waffles, Berries, and Whip Cream	Pancakes, Syrup, and Stewed Rhubarb
<b>L U N C H</b>	Southwest Chicken Salad, Buttermilk Biscuit, Melon Slices, and Fresh Fruit	BLT Sandwich, Soup of the Day, Cucumber Slices, and Fresh Fruit	Flatbread Pizza, Broccoli Salad, Melon Slices, and Fresh Fruit	Chef Choice Quiche, Cucumber Tomato Salad, Fresh Dinner Roll, and Fresh Fruit	Beef Dip, Au Jus, Fries, and Fresh Fruit	Soup of the Day, Melon Slices, Bun, and Fresh Fruit	Soup of the Day, Chef Choice Salad, Bun, and Fresh Fruit
<b>D I N N E R</b>	Steak Mushroom Pie and Gravy OR Lemon Pepper Cod with Wedge Fries, and Hot Vegetables	Oven Fried Chicken OR Swiss Steak with Mashed Potatoes, and Hot Vegetables	Chili Con Carne and Cornbread OR Perogies and Sausage with Fried Onions and Chef Choice Salad	Beef Burgundy OR Chicken Rotini with Bread Sticks and Hot Vegetables	Tomato Zucchini Tilapia OR Turkey Schnitzel and Gravy with Butter Roasted Potatoes, and Hot Vegetables	Beef Stew, Buttermilk Biscuit, and Chef Choice Salad	Pineapple Ham, Scallop Potatoes, Apple Sauce, and Hot Vegetables
<b>DESSERT</b>	Chef Choice	Rice Pudding	Carrot Cake	Creamy Mandarin Salad	Coffee Cake	Ice Cream	Chef's Choice Pie

WEEK 4

## Riverbend Winter Menu 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	SUNDAY
	January 10	January 11	January 12	January 13	January 14	January 15	January 16
B R E A K F A S T	Hot or Cold Cereal, Yogurt, Zucchini Bread, and Fruit	Poached Egg, Corned Beef Hash, Fruit, and Toast	Hot or Cold Cereal, Muffin, Fruit Cocktail, and Cheese Slices	French Toast, Bacon, and Fruit	Hot or Cold Cereal, Cinnamon Roll, Cream Cheese Icing, and Yogurt	Breakfast Sandwich, Hashbrowns, and Sliced Tomato	Hot or Cold Cereal, Raisin Toast, Fruit, and Hard Boiled Egg
L U N C H	Sausage Roll, Soup Of the Day, Cucumber Slices, and Fresh Fruit	French Onion Soup, Garlic Toast, Tossed Salad, and Fresh Fruit	Grilled Cubano, Onion Rings, Tomato Slices, and Fresh Fruit	Seafood Chowder, Biscuit, and Fresh Fruit	Turkey Bacon Melt, Soup of the Day, Veggies & Dip, and Fresh Fruit	Soup of the Day, Chef Choice Salad, Bun, and Fresh Fruit	Soup of the Day, Chef Choice Salad, Bun, and Fresh Fruit
D I N N E R	Hawaiian Chicken OR Parmesan Breaded Fish with Butter Herbed Potatoes, and Hot Vegetables	Hamburger Goulash and a Biscuit OR Meatballs and Mac n' Cheese with Hot Vegetables	Stuffed Peppers OR Honey Garlic Pork with Rice and Hot Vegetables	BBQ Chicken OR Applewood Pork Chops with a Baked Potato, and Hot Vegetables	Banger Sausages OR Trout with Mashed Potatoes, and Hot Vegetables	Corned Beef, Braised Cabbage, Roasted Potatoes, and Hot Vegetables	BBQ Ribs, Twice Baked Potatoes, and Hot Vegetables
D E S S E R T	Chef's Choice	Orange Dream Tart	Berry Souffle	Apple Crisp	Cappuccino Mousse	Ice Cream	Chef's Choice Pie

WEEK 1

## Riverbend Winter Menu 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	SUNDAY
	January 17	January 18	January 19	January 20	January 21	January 22	January 23
B R E A K F A S T	Scrambled Eggs, Toast, and Tomato Slices	Hot or Cold Cereal, Muffin, Yogurt and Fruit	Western Omelette, Toast, and Hashbrowns	Hot or Cold Cereal, Bagel with cream cheese, and Fruit Cocktail	Poached Eggs, Bacon, Toast, and Fruit	Hot or Cold Cereal, Rye Bread, Yogurt, and Fruit	French Toast, Syrup, and Sausage
L U N C H	Sloppy Joes, Melon Slices, Veggies & Dip, and Fresh Fruit	Grilled Cheese, Tomato Basil Soup, Veggies & Dip, and Fresh Fruit	Black Forest Ham & Swiss Cheese Sandwich, Soup of the Day, Tomato Juice, and Fresh Fruit	Wonton Soup, Spring Rolls, Melon Slices, and Fresh Fruit	Chicken Fingers, Plum Sauce, Caesar Salad, and Fresh Fruit	Soup Of The Day, Chef Choice Salad, Danish or Strudel, and Fresh Fruit	Soup Of The Day, Chef Choice Salad, Bun, and Fresh Fruit
D I N N E R	Chicken Kiev OR Salisbury Steak with Savory Herbed Potatoes and Hot Vegetables	Veal Cutlets and Gravy OR Liver and Onions with a Baked Potato, and Hot Vegetables	Bruschetta Salmon Filet OR Chicken Pot Pie and Gravy with Mashed Potatoes, and Hot Vegetables	Spaghetti and Meatsauce OR Seafood Pasta with Garlic Toast, and a Chef Choice Salad	Lemon White Fish OR Pork Schnitzel and Gravy with Rice, and Hot Vegetables	Meatloaf, Roasted Potatoes, Dinner Roll, and Hot Vegetables	Roasted Chicken, Mashed Yams, Stuffing Mix, and Hot Vegetables
D E S S E R T	Chef Choice	Strawberry Shortcake	Ambrosia Salad	Cheesecake	Pudding with a Wafer Cookie	Ice Cream	Chef's Choice Pie

WEEK 2

## Riverbend Winter Menu 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday	SUNDAY
	January 24	January 25	January 26	January 27	January 28	January 29	January 30
B R E A K F A S T	Hot or Cold Cereal, Raisin Toast, Fruit, and Yogurt	Pancakes, Sausage, and Syrup	Hot or Cold Cereal, Banana Bread, Yogurt, and Stewed Rhubarb	Fried Eggs, Toast, Hashbrowns, and Bacon	Hot or Cold Cereal, Muffin, Yogurt, and Fruit	Waffles, Berry Sauce, Whip Cream, and Bacon	Hot or Cold Cereal, Rye Toast, Fruit Cocktail, and Tomato Slices
L U N C H	BBQ Pork Burger, Fries, Melon Slices, and Fresh Fruit	Fish Burger, Apple Coleslaw, Veggies & Dip, and Fresh Fruit	Egg Salad Sandwich, Chef Choice Salad, Cucumber Slices, and Fresh Fruit	Crab Salad Croissant, Soup of the Day, Orange Slices, and Fresh Fruit	Hot Roast Beef Sandwich, Onion Rings, and Fresh Fruit	Soup of the Day, Chef Choice Salad, Bun, and Fresh Fruit	Soup of the Day, Chef Choice Salad, Bun, and Fresh Fruit
D I N N E R	Greek Roasted Chicken OR Herbed Rockfish Lemon Roasted Potatoes, and Hot Vegetables	Pork Cutlets and Gravy with Mashed Potatoes OR Shepherd's Pie with Hot Vegetables	Curry Chicken and Naan OR Breaded Sole with Basmati Rice, and Hot Vegetables	Meat Lasagna OR Baked Cheese Ravioli with Breadsticks, and Chef Choice Salad	Tomato Pesto Cod OR Honey Garlic Chicken Legs with a Baked Potato, and Hot Vegetables	Beef Pot Roast, Braised Vegetables, and a Dinner Roll	Pork Roast, Mashed Potatoes, Gravy, and Hot Vegetables
D E S S E R T	Chef Choice	Fruit Jello	Brownie Square with Ice Cream	Berry Crisp	Bread Pudding	Ice Cream	Chef's Choice Pie